REGINA metro®

NEWS WORTH SHARING.

Global warming could spiral 'out of control': UN

Report says dangers of extreme weather will worsen PAGE 4

Jays battered in season opener

Star shortstop Jose Reyes gets injured after one at-bat as Toronto falls to the Rays PAGE 13

INTERNATIONAL MAN OF MYSTERY

PUTIN ON THE FRITZ? THE RUSSIAN LEADER'S ACTIONS HAVE SOME WONDERING IF HE'S LOST HIS MIND — BUT THERE COULD BE METHOD BEHIND THE SPECTACLE PAGE 5

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MIXED RECEPTION FOR DAWNING OF A NEW WAGE

Mohammed Talib, owner of the Bombay restaurant in Regina, left, delivers orders from chef Khursid Khan on Monday evening. According to Talib, Saskatchewan's minimum wage increase won't have a huge impact on small business owners and will have a positive impact in attracting workers to the province. **Story, page 2.** SARAH TAGUIAM/METRO

CN draws rebuke after challenging grain elevator firms

War of words. Grain backlog in Saskatchewan and other provinces leads to new conflict

Canadian National Railway says it is making progress to meet the federal government's target of increased grain shipments, but the railway has drawn a rebuke from Western Canadian grain elevator companies after calling on them to "step up" their own performances.

"The fact that CN is making this comment is just an attempt to deflect attention from the real issue," said Wade Sobkowich, executive director of the Western Grain Elevator Association.

He said the main challenge is getting enough capacity and receiving cars throughout the week "appropriately apportioned" to the country's four grain delivery corridors: Western Canada, Thunder Bay, the United States and Eastern Canada.

CN said it is troubled by the association's concern that too many grain loads are being sent to the West Coast and the Great Lakes terminal in Ontario.

"Having wrongly singled out railways and unrealistically called for a near doubling of rail car capacity since last fall, it is now time for grain elevators companies to step up to the capacity they claim to have, and do so in the corridors that will benefit Canadian farmers the most," CEO Claude Mongeau said on Monday.

CN, the country's largest railway, said it provided 5,102 hopper cars for loading last week, the most in its history at this point of the season.

It marked the fourth week in a row the railway has delivered more than 4,000 cars. The average of 4,550 cars per week is 21 per cent greater than CN's average March performance for the last decade.

A hard winter

CP and CN have blamed abnormally cold weather for much of the slowdown in shipments. For safety reasons, the railways reduced the number of cars their locomotives pull in winter to 70 per cent of what they move during warmer months.

Calgary-based Canadian Pacific said it is not disclosing the weekly grain car numbers it has been reporting to federal officials. However, CP spokesman Ed Greenberg also said the results "show the railway is continuing to move record amounts of grain."

The federal government passed an order-in-council on March 7 that imposes daily fines of up to $100,000 on CN and rival CP should they fail to double the volume of grain shipments. THE CANADIAN PRESS

NEWS 1

Union leaders urge Wall to lead Health Accord renewal

Expired Monday.
CUPE says Sask. could lose $1.1B in 10 years

MARCO VIGLIOTTI
marco.vigliotti@metronews.ca

Representatives from Saskatchewan's largest public-sector unions are calling for Premier Brad Wall to lead a charge in pressing the federal government to renegotiate the Canada Health Accord, which expired on Monday.

Tom Graham, president of the Saskatchewan division of the Canadian Union of Public Employees (CUPE), said the province is slated to lose an estimated $1.1 billion in health-care funding from Ottawa between 2017 and 2027 if the Conservative government ignores demands to extend the agreement.

Reached in 2004, the Canada Health Accord provided provinces and territories with $41 billion in additional health-care funding over 10 years. The provinces, in turn, pledged to use that money to reduce wait times, among other priorities.

Saskatchewan physician Dr. Sally Mahood claims Wall is the perfect candidate to raise the issue with the federal government as he and Prime Minister Stephen Harper share similar political values.

Kathy Young, spokeswoman for the Saskatchewan Party government, maintains that the provinces and territories would continue to collaborate with Ottawa on a number of key issues even without a renewed national agreement.

In a bid to offset the loss of additional revenue from the expired accord, the Harper government opted to increase the amount of funding to the provinces through the Canadian Health Transfer by six per cent annually until 2017-18.

Quoted

"That ($1.1 billion) means the entire operating budget of the Regina Qu'Appelle Health Region."

Tom Graham, president of the Saskatchewan division of CUPE

Tom Graham, president of the Saskatchewan division of the Canadian Union of Public Employees, says the province may lose $1.1 billion between 2017 and 2027 in health care funding from Ottawa. MARCO VIGLIOTTI/METRO

Minimum wage raised to $10.20 an hour

Mohammed Talib, restaurant owner. SARAH TAGUIAM/METRO

The Saskatchewan government has announced that the province's hourly minimum wage is increasing by 20 cents to $10.20, but some business owners and labour leaders are divided on the hike's impact.

The increase will take effect on Oct. 1, while new minimum wage regulations are expected to be passed within three weeks.

"Increasing the minimum wage will give minimum wage earners more disposable income and improve their standard of living," Labour Minister Don Morgan said on Monday in a release.

Since 2007, Saskatchewan's minimum wage has increased six times by a total of 28 per cent from $7.95 to $10.20.

However, Dwayne Marling, Restaurants Canada's Manitoba-Saskatchewan vice-president, estimates that $6.2 million per year will have to come out of restaurant, bar and catering operators' pockets to pay for the higher wage.

"The money has to come from some place, like less disposable income for the owners, an increase in menu prices for Saskatchewan residents ... or less hours for minimum wage earners," Marling said.

But Mohammed Talib, owner of the Bombay restaurant in Regina, said it won't be a burden for smaller companies that don't have many employees. SARAH TAGUIAM/METRO

Research internships

Province announces $365K for Mitacs

Saskatchewan's Education Ministry is investing a total of $365,000 into research internships for graduate and international students through the non-profit, national Mitacs program.

An amount of $225,000 will go to 30 research and development internships for Saskatchewan graduate and post-doctoral students, while $140,000 will fund 20 international research opportunities for international students and Saskatchewan residents interested in going abroad.

"It allows our Saskatchewan students to help meet their full potential by connecting them to industry, and that transition between learning to earning allows them to really hone their talent," Advanced Education Minister Rob Norris said on Monday.

In Saskatchewan, Mitacs has set up internships with companies in agriculture, forestry, mining and oil and gas.

Mitacs intern and PhD student Richard Lomotey currently works for the Saskatchewan Bleeding Disorders Program and has helped develop its now globally recognized hemophilia injury recognition tool.

"As an international student, my initial concern was how to acquire experience to fit in the Canadian market and I feel like this program has certainly given me that edge," Lomotey said. SARAH TAGUIAM/METRO REGINA

Interns with minister Rob Norris. SARAH TAGUIAM/ETRO

Home-grown talent

Sask. recording industry tips hat to local Juno winners

The group representing Saskatchewan's recording industry is celebrating a successful showing for homegrown talent at this past weekend's Juno Awards in Winnipeg.

Regina resident George Leach, winner of the Juno for top Aboriginal album, and Saskatoon group The Sheepdogs, who won for video of the year for their hit Feeling Good, represented their home province strongly at the annual music awards gala, said Lorena Kelly, programming manager with SaskMusic.

She credits the continuing awards success to a budding business savvy among musicians from Saskatchewan.

"They're getting to be more skillful at the business end of things," Kelly told Metro on Monday.

"You can be a wonderfully talented artist ... but if you're not very good at making the contacts and connections that you need to make within the industry, you might get bypassed when you should have been recognized."

Rah Rah, an eclectic band from Regina, was also nominated for the Juno for alternative album of the year but was unable to snag the coveted prize. Montreal rockers Arcade Fire won in that category.

Strong self-marketing skills, Kelly said, are crucial to raising a musician's profile in the age of social media and dwindling big-label support.

She praised efforts by local musicians to find new ways to reach out to their audiences.

"They want to get to know the bands," she said of fans.

MARCO VIGLIOTTI/METRO

Regina band Rah Rah enters the Juno Awards ceremony on Sunday in Winnipeg. JOHN WOODS/THE CANADIAN PRESS

Transgender flag hoisted for first time in Saskatchewan

Joe Wickenhauser, acting marketing and events manager for the Avenue Community Centre, holds the megaphone as Jack Saddleback, co-ordinator at the USSU Pride Centre, speaks during the transgender flag-raising ceremony outside Saskatoon's City Hall. JACOB MORGAN/METRO

Representation. Rally scheduled for Saturday to call for the Human Rights Code to explicitly mention gender identity

JACOB MORGAN
Metro in Saskatoon

The transgender banner saw its first official flag-raising ceremony in Saskatchewan on Monday at Saskatoon's City Hall.

Rachel Loewen Walker, executive director of the Avenue Community Centre for Gender and Sexual Diversity, says that while the event represents a step forward, more work lies ahead.

"Historically, there has been less attention given to transgender rights," said Walker.

"It gets lumped in with gay and lesbian and bisexual communities, when in fact there are a lot of different things going on."

Some of the challenges transgender people in Saskatchewan face, she explained, include discrimination in the workplace and in the health-care system.

Jack Saddleback, co-ordinator at the University of Saskatchewan Students' Union Pride Centre, asked council for permission to hoist the flag. He says the service goes hand-in-hand with Saskatchewan's third annual Transgender Awareness Week.

"The city having the flag go up is just amazing," said Saddleback. "Trans awareness needs to happen."

Coun. Ann Iwanchuk, the only elected member of the municipal government in attendance, said her decision was in part due to her work on a proposed anti-bullying bylaw.

"I've certainly heard concerns from members of the transgender (community), that they feel this is something that's been a target in high schools," said Iwanchuk.

In Regina, the city recognized Transgender Awareness Week with a declaration, but did not receive a request to hold a flag-raising ceremony.

Justice Minister Gordon Wyant, who proclaimed Transgender Awareness Week for the province, told media on Thursday that it provides an "opportunity to ensure that people within the trans community understand they have rights under the Human Rights Code."

A rally is scheduled for Saturday at the Legislative Building in Regina to call for the Human Rights Code to explicitly mention gender identity and expression.

WHERE WILL THE EMPLOYEES OF TODAY AND TOMORROW COME FROM?

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The wild climate ride has only just begun: UN panel

New report. Warning based on more than 12,000 peer-reviewed scientific studies

If the world doesn't cut pollution of heat-trapping gases, the already noticeable harms of global warming could spiral "out of control," the head of a United Nations scientific panel warned Monday.

And he's not alone. The White House says it is taking this new report as a call for change, with Secretary of State John Kerry saying "the costs of inaction are catastrophic."

Rajendra Pachauri, chairman of the Intergovernmental Panel on Climate Change that issued the 32-volume, 2,610-page report here early Monday, told The Associated Press: "It is a call for action." Without reductions in emissions, he said, impacts from warming "could get out of control."

One of the study's authors, Maarten van Aalst, a top official at the International Federation of the Red Cross and Red Crescent Societies, said, "If we don't reduce greenhouse gases soon, risks will get out of hand. And the risks have already risen."

Twenty-first-century disasters such as killer heat waves in Europe, wildfires in the United States, droughts in Australia and deadly flooding in Mozambique, Thailand and Pakistan highlight how vulnerable humanity is to extreme weather, according to the report from the Nobel Prize-winning group of scientists. The dangers are going to worsen as the climate changes even more, the report's authors said.

"We're now in an era where climate change isn't some kind of future hypothetical," said the overall lead author of the report, Chris Field of the Carnegie Institution for Science in California.

"We live in an era where impacts from climate change are already widespread and consequential."

THE ASSOCIATED PRESS

Time to wake up

Top scientists say Intergovernmental Report on Climate Change, released Sunday in Japan, shows that Canadians must wake up to the impact of warming temperatures on land, on water and in communities. The report warns:

- The entire freshwater ecosystem of the vast boreal forest that stretches almost across Canada is under threat.
- Climate change will worsen problems that society already has, such as poverty, sickness, violence and refugees.
- China is now by far the No. 1 carbon dioxide polluter, followed by the United States and India.
- More than 100 governments unanimously approved the scientist-written 49-page summary — which is aimed at world political leaders.
- Read more online: The Intergovernmental Panel on Climate Change: http://www.ipcc.ch

This Nov. 9, 2013 file photo shows Typhoon Haiyan as seen by astronaut Karen L. Nyberg aboard the International Space Station. Global warming is driving humanity toward a whole new level of many risks, a United Nations scientific panel reports, warning that the wild climate ride has only just begun. KAREN L. NYBERG/NASA/THE ASSOCIATED PRESS

A hotter world means less food, higher costs, hotspots of hunger among poor, says report

In this July 16, 2012 file photo, corn stalks struggle from lack of rain in Farmingdale, Ill. SETH PERLMAN/THE ASSOCIATED PRESS

Global warming makes feeding the world harder and more expensive, the United Nations climate-change panel says.

A warmer world will push food prices higher, trigger "hotspots of hunger" among the world's poorest people, and put the crunch on Western delights like fine wine and robust coffee, the Intergovernmental Panel on Climate Change concluded in its 32-volume report issued Monday.

Quoted

"We're facing the spectre of reduced yields in some of the key crops that feed humanity."

Rajendra Pachauri, chairman, Intergovernmental Panel on Climate Change

"We're facing the spectre of reduced yields in some of the key crops that feed humanity," panel chairman Rajendra Pachauri said in press conference releasing the report.

Even though heat and carbon dioxide are often considered good for plants, the overall effect of various aspects of man-made warming is that it will reduce food production compared to a world without global warming, the report said.

The last time the panel reported on the effects of warming in 2007, it said it was too early to tell whether climate change would increase or decrease food production, and many skeptics talked of a greening world. But in the past several years, the scientific literature has been overwhelming in showing that climate change hurts food production, said Chris Field of the Carnegie Institution of Science and lead author of the climate report.

THE ASSOCIATED PRESS

Global warming

Economic impacts

The economic and financial impact of global warming is complex and not well understood. In some scenarios there would be economic benefits for countries that get warmer and wetter and consequently more fertile agriculturally. Drier weather in some regions would result in sharply lower crop yields.

Overall, changes in climate are expected to cause significant disruptions that also exact an economic toll.

Advisers to the Intergovernmental Panel on Climate Change say that the world economy may suffer losses of between 0.2 per cent and 2 per cent of income if temperatures rise by 2 degrees from recent levels.

Here are some of the costliest impacts, according to the Intergovernmental Panel on Climate Change's just-released findings.

INFRASTRUCTURE
Relocation of industries and communities will cost billions of dollars even in wealthy countries. Countries must also reckon with damage to transport infrastructure, homes, industries and agriculture from increasingly extreme weather.

WATER
Ensuring enough water for industry and other consumption will cost about $12 billion a year worldwide, while development of water supply and provisioning in developing countries will cost $73 billion.

FOOD PRODUCTIVITY
A need for more labour to produce food to offset dropping crop yields could leave fewer workers available for other work.

POVERTY
Scientists say climate change will worsen poverty, especially in tropical, developing countries, but even in affluent countries.

CONFLICT
Climate change raises the risks of violent conflict such as civil wars by amplifying the impacts of poverty and economic crises, while increasing competition for scarce land, water and food.

THE ASSOCIATED PRESS

See that symbol? It means you can scan this image with your Metro News app to see Russian President Vladimir Putin sing Blueberry Hill by Fats Domino.

PUTIN: PRESIDENT, PUGILIST, PERFORMER, PSYCHOPATH?

Metro asks a Toronto psychology professor what the Crimean crisis, hostile diplomatic relations and rehearsed public spectacles say about the Russian president's mental health

DYLAN C. ROBERTSON/FOR METRO IN TORONTO
toronto@metronews.ca

The many images of Putin: From top, in the mountains of the Siberian Tyva region; playing with his dogs Yume and Buffy; flying in a motorized hang glider alongside a Siberian white crane. THE ASSOCIATED PRESS FILE

From a shirtless fishing trip to riding with biker gangs, Russian President Vladimir Putin is known for his eccentric media appearances.

When armed men in military uniforms arrived in Crimea, Putin claimed they were not Russian soldiers, despite coming from Russia in the country's military trucks. Last Saturday, Putin's former economic adviser told a Swedish newspaper that the leader aims to take back the Baltic countries and even Finland.

As Putin steps up Russia's Arctic military presence, analysts are wondering whether his rhetoric is simply political posturing, or if he's lost his mind.

In the midst of the Crimean crisis last month, German Chancellor Angela Merkel reportedly told U.S. President Barack Obama she wasn't sure whether Putin "was still in touch with reality" and wondered if he was "living in another world."

So is Putin mentally unstable? Probably not, according to Steve Joordens, a psychology professor at the University of Toronto's Scarborough campus.

"You don't run part of the KGB and go on to lead a country without thinking straight," Joordens told Metro.

While it's impossible to evaluate someone's mental state from afar, Joordens believes Putin is instead tapping into the psyche of ordinary Russians, while manipulating other countries. Joordens sees three main themes:

A strong, manly image

Whether taking to the cockpit of a fighter jet or spinning out a Formula One race car at almost 240 km/h, Putin often appears to be a risk-taking stuntman.

Joordens says Putin is likely trying to show himself as a strong leader of a strong country after a rapid decline in territory and influence.

"Russia was one of two superpowers in its glory days, and it's lost a lot of self-esteem on a country level," he said. "Putin's attempt to show bravado is to preserve a sense of self-esteem."

Joordens notes that Putin portrays Russia as a global power faced with a common, external enemy: the West.

"That's potentially dangerous," said Joordens, who is cautious about drawing analogies with the Second World War. "Germany was also weak, but they had a strong leader. If you do that too much, there's potential to cause a lot of trouble."

Double-speak

No one seems to know what's next for Ukraine, with Russia's foreign minister claiming his government has "no intention" of invading eastern Ukraine while they continue to station more troops at the border. "It's a classic poker technique," said Joordens. "Unpredictability is a source of strength."

But Putin also shows his softer side, posing with his dog Buffy. "He does like to surprise," said Joordens. "People use animals to make themselves look more compassionate."

Putin revealed himself to be a Paul McCartney fan, inviting the singer to Moscow in 2003 and giving him a personal tour of the Kremlin. He also sang the Fats Domino classic Blueberry Hill at a charity gala in 2010.

"It's a way of showing the West that 'Hey, he's one of us.' He keeps everybody guessing."

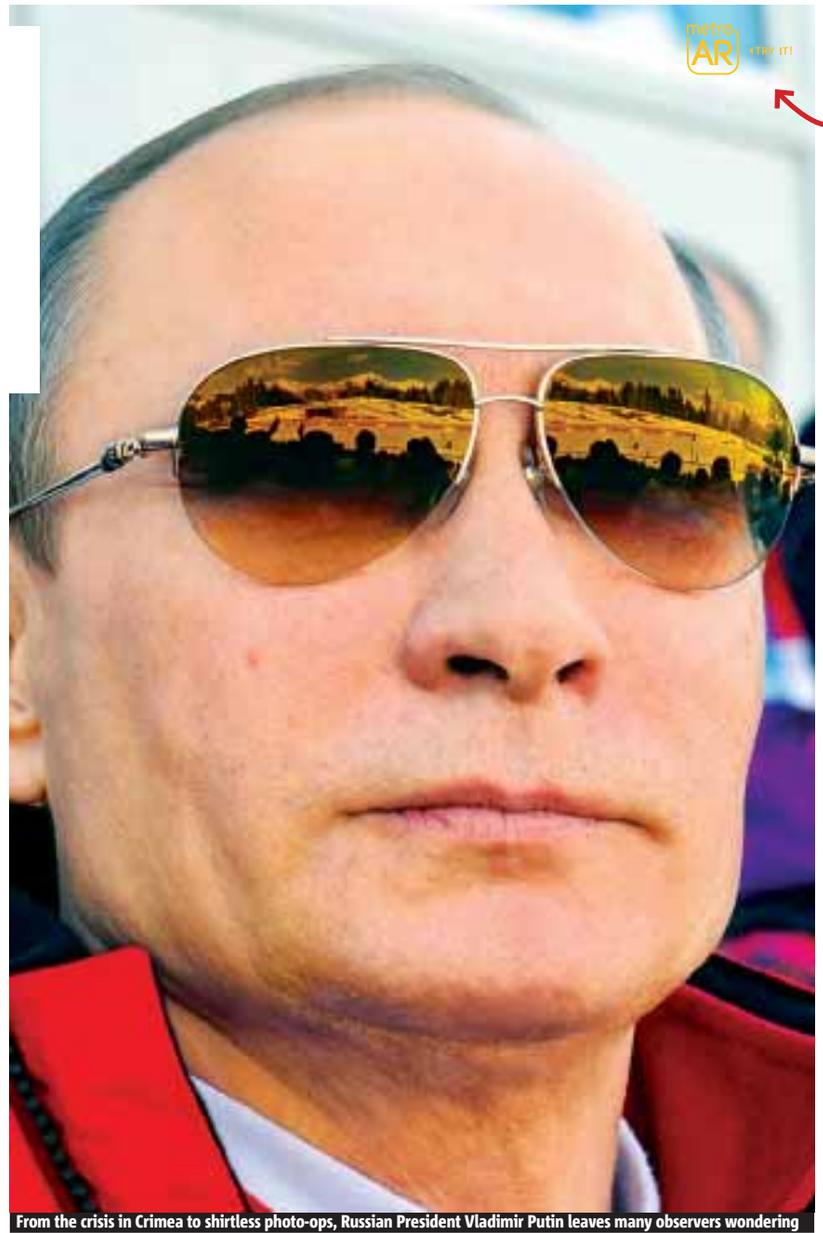
A hostile neighbour

Putin seems to be egging on Western countries, despite signing agreements against military action and carefully building up Russia's image through the Olympics.

"He knows that no one wants to go to war with Russia."

Joordens suspects that Putin saw Ukraine's uprising as a risk to Russia's influence. Joordens uses the analogy of a hostile neighbour.

"You might have someone causing animosity and friction around them, but they don't care because their family is the top priority," he said. "It's a question of how far (Putin) will take the sabre-rattling."



From the crisis in Crimea to shirtless photo-ops, Russian President Vladimir Putin leaves many observers wondering what's really going on in his head. MIKHAIL KLIMENTYEV/THE ASSOCIATED PRESS FILE

Some of the many legends of Vladimir Putin

Shooting a tiger

On a visit to Siberia in 2008, a tiger escaped from its cage and lunged toward journalists. Putin quickly grabbed a tranquilizer gun and subdued the beast in one shot.

He then helped measure its teeth before placing a satellite transmitter around its neck. He attached a similar collar to a polar bear in 2010, and also released a leopard into a Sochi-area sanctuary.

Putin admitted in 2012 that all these stunts were staged, with each animal brought in from zoos or sanctuaries where they had been trained.

The Judo master

During a 2003 visit to Japan, Putin upstaged Judo instructors, throwing his guests to the ground with special moves in front of the Japanese press. Putin published a book about the sport, saying that "Judo teaches self-control, the ability to feel the moment, to see the opponent's strengths and weaknesses."

Hanging out with biker gangs

When Obama came to Moscow in 2009, he met with then-president Dmitry Medvedev for five hours, while Putin got a brief press conference. A dejected Putin took to the streets with Hell's Angels-style motorcycle club Night Wolves, tying up traffic and stealing the spotlight.

Quebec election. Rare clause will keep values charter alive, Marois says

Parti Québécois Leader Pauline Marois is prepared to invoke the rarely used notwithstanding clause to ensure her party's controversial secular charter is adopted.

Marois said Monday she will reintroduce the values charter project as it currently stands if her party forms a majority government after next Monday's Quebec election.

And after stating for months the government was confident the secular charter could withstand any judicial challenge, Marois threatened to use the notwithstanding clause to immediately ward off the possibility of any legal threat.

The clause is enshrined in the Canadian Charter of Rights and Freedoms and allows Parliament or provinces to override the rights charter in order to adopt legislation. The exemption lasts five years.

PQ leader Pauline Marois at a news conference in Trois-Rivières, Que.
PAUL CHIASSON/THE CANADIAN PRESS

Marois said the clause would simply be integrated into the values charter. The proposed legislation would ban all public-sector employees from displaying or wearing religious symbols such as the hijab or the kippa. THE CANADIAN PRESS

B.C. Former teacher facing child-sex tourism charges appears in court

The man once imprisoned in Thailand for sexually assaulting children has appeared in a British Columbia court over accusations of child-sex tourism.

Christopher Neil's brief first court appearance in Port Coquitlam, B.C., was much more sedate than when he was paraded past media by authorities in Thailand in 2007.

The charges in Canada are significant because Neil has never been prosecuted on his home turf for offences he allegedly committed overseas.

Neil's lawyer, Mark Thompson, says the penalties are also much more severe.

The former teacher from Maple Ridge, B.C., faces five new charges stemming from alleged sexual incidents involving children that occurred in Cambodia in 2003. He's also accused of child pornography-related crimes in B.C., resulting in five additional charges.

His next court appearance is April 10.

Neil spent five years in a Thai prison after Interpol unravelled digital computer images of him engaged in sex acts with children.

THE CANADIAN PRESS

F-word kerfuffle

Trudeau cusses, PMO fusses

Liberal Leader Justin Trudeau says he got "a talking to" from his wife for using the F-word in public, but he won't take any criticism from the Harper government.

Trudeau dropped the F-bomb over the weekend while speaking at a charity boxing match in Gatineau, Que.

The Prime Minister's Office said it was just another example of Trudeau's "lack of judgment."

The Liberal leader says he let his "emotions run a little hot" while speaking at the boxing match.

But Trudeau says the Harper government is hardly in a position to criticize anyone over judgment when it is dealing with issues like the Senate spending scandal.

Trudeau told a cheering crowd Saturday night that there was no experience like stepping into the boxing ring and "measuring yourself" — adding that "your name, your fortune, your intelligence, your beauty, none of that (expletive) matters."

THE CANADIAN PRESS

Australian PM vows to continue search 'for quite some time'

Royal New Zealand Air Force P-3 Orion's captain, Wing Commander Rob Shearer, scans the southern Indian Ocean Monday while looking for evidence of missing Malaysia Airlines Flight MH370. Although it has been slow, difficult and frustrating so far, the search for the plane is nowhere near the point of being scaled back, Australia's prime minister pledged Monday. The three-week hunt has turned up no signs of the Boeing 777, which vanished March 8 with 239 people bound for Beijing from Kuala Lumpur. ROB GRIFFITH/THE ASSOCIATED PRESS

Russia sees 'virtue' of pact, Baird says

Tough diplomacy. After Crimea debacle, expert warns Canada should have its eye on Arctic claims

Quoted

"If they've been kicked out of the G8 and humiliated, are they going to keep playing by the rules of the international community?"

Rob Huebert, University of Calgary defence expert on Russia's interests in the Far North

Foreign Affairs Minister John Baird says he hopes Russia has seen the "virtue" of diplomacy to resolve the crisis in Ukraine, while a defence expert warns that Canada should be paying more attention to Russia's claims in the Arctic.

Baird, speaking in Chisinau, Moldova, sounded hopeful about talks between Russian Foreign Minister Sergei Lavrov and U.S. Secretary of State John Kerry in Paris, aimed at diffusing tension in eastern Europe.

"We believe that Russia has apparently now seen the virtue of a diplomatic pact and equivalent steps in positive action," Baird said at a joint news conference with Moldova's foreign minister.

"Frankly speaking, the actions of the Russian Federation will speak more loudly than its words."

He again called on Moscow to withdraw troops from Crimea and along the borders of eastern Ukraine.

Russia laid out a tough set of conditions for a diplomatic settlement, proposals that would radically alter the way Ukraine is governed and administered by making regions more autonomous.

Baird met with a series of senior government ministers in Moldova, a country squeezed between Ukraine and Romania, and assured them Canada strongly believes in the country's territorial integrity.

But defence expert Rob Huebert of the University of Calgary says the Harper government should be paying closer attention to Canada's own yet-to-be-defined border with Russia in the Arctic.

His warning comes after a published report in Moscow last week saying further militarization in the Arctic that would challenge Russia's preeminence in the region is a "red line" that the West dare not cross.

Canada and Russia have competing interests in the Far North, especially in resource development. The stakes were raised when Prime Minister Stephen Harper last year ordered that Ottawa's presentation to a United Nations panel on boundaries in the Arctic be updated to include a claim to the North Pole.

Although the two nations — as well as several other Arctic countries — are engaged in an international process, Huebert said Putin's recent annexation of Crimea in defiance of international law raises the question of whether Russia would respect a border decision that doesn't go in its favour.

"You have an increasingly isolated Russia that has identified the Arctic region as one of their core strategic interests," said Huebert.

"You have to ask the question: If they've been kicked out of the G8 and humiliated, are they going to keep playing by the rules of the international community if they think this is costing them substantial resources?"

The take-away from the Ukraine crisis is that Russia must be taken seriously and as a consequence, he says, the Harper government should take a closer look at its own military plans in the Arctic.

THE CANADIAN PRESS

Foreign Affairs Minister John Baird
FRED CHARTRAND/THE CANADIAN PRESS

There is no such thing as a new idea?

R&D. Judges must decide if Mark Twain was right when he argued we just make 'new and curious combinations' of existing ideas

Is it too easy for high-tech companies to patent inventions that are not really new, but simply old ideas blended with computer wizardry?

The Supreme Court in the U.S. wrestled with that question Monday as justices considered making it tougher for the government to issue patents for computer software.

The outcome could send tremors through an industry that touches virtually every sector of the economy, from gadgets on smartphones to advances in anti-lock brakes.

The issue has divided the nation's technology giants, with companies like Microsoft Corp. and IBM warning that new restrictions could nullify thousands of existing patents that are the product of billions in research and development. On the other side, firms including Google, Facebook and Netflix say the free flow of software patents has become a "plague" on the industry, blocking companies from promoting innovation.

The justices weighed arguments in a case involving Alice Corp., an Australian financial company that in the 1990s patented a computer program to reduce the risk in financial transactions. The software allows a neutral third party to make sure all parties to a trade have lived up to their obligations.

CLS Bank International challenged the patent as invalid, arguing that Alice merely took a concept that's been around since ancient times and programmed it to run through a computer. THE ASSOCIATED PRESS

Seacrest out ... for now

BlackBerry has won a preliminary injunction barring sales of a Typo Products LLC iPhone keyboard attachment it claims infringes on two of its patents.

- A judge said BlackBerry had a "likelihood" of proving the $99 US physical keyboard, which can be clipped to some versions of Apple Inc.'s touch screen iPhone 5, violates its intellectual property rights.
- Los Angeles-based Typo, co-founded by entrepreneur Laurence Hallier and American Idol host Ryan Seacrest, said it plans to appeal the decision.

UN orders a stop to scenes like this

A minke whale is unloaded at a port after a whaling for scientific purposes in Kushiro, in the northernmost main island of Hokkaido in September 2013. The International Court of Justice on Monday ordered a temporary halt to Japan's Antarctic whaling program, ruling that it is not for scientific purposes as the Japanese had claimed. Australia had sued Japan at the UN's highest court for resolving disputes between nations in hopes of ending whaling in the icy Southern Ocean. KYODO NEWS/THE ASSOCIATED PRESS FILE

Up 35%

Through rain, sleet and snow ... for a buck a stamp

The cost of mailing a first-class letter within Canada went up Monday to $1 for a single first-class stamp. THE CANADIAN PRESS

Market Minute

DOLLAR 90.46¢ (+0.04¢)

TSX 14,335.31 (+74.59)

OIL $101.58 US (-$0.09)

GOLD $1,283.80 US (-$10.50)

Natural gas: $4.37 US (-$0.11)
Dow Jones: 16,457.66 (+ 134.60)

RELAY FOR LIFE
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CELEBRATE
REMEMBER
FIGHT BACK
Saskatoon – June 13, 2014
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IS THIS A SICK POTTY JOKE?

How do you flush a toilet?

You might think this question has a pretty obvious answer, but a recent discussion with some friends of mine has left me questioning everything I thought I knew about bathroom etiquette. It would seem that it's now standard practice to use your foot to flush the toilet when using a public washroom.

Am I the only person who didn't get the Health Canada memo on this new procedure? I had no idea that we were no longer using our hands to perform this perfunctory task.

Apparently this foot-flushing technique isn't just the invention of a neurotic minority. A 2013 study found that 64 per cent of North Americans operate the toilet flusher with their shoe-clad foot in order to avoid coming into contact with germs in public restrooms.

I can't understand why North Americans are so precious when it comes to personal hygiene. I happen to have an incredibly strong immune system in spite of my daily skin-to-toilet contact. My resilience probably has a lot to do with my complete indifference towards germs, a carefree attitude that I inherited from my father who is the type of man who will marinate a raw chicken breast with his bare hands and then lick the BBQ sauce off his fingertips.

SHE SAYS

Jessica Napier
metronews.ca

Despite all the fear mongering out there, I just can't bring myself to be afraid of something I can't see. I'm a firm believer in the five-second rule (or even the two-minute rule) and will gladly share a beverage with another person as long as we're on a first-name basis. I ride public transit, double-dip my chips and once ate a chocolate Easter bunny out of the garbage (it was partially wrapped, in my defence).

I'm not completely uncivilized of course. If someone offers me hand sanitizer I will use it because I know that is the polite thing to do and I adhere to the government-mandated arm-sneeze to protect all the anxious worrywarts out there.

Germs? Who needs 'em

Despite all the fear mongering out there, I just can't bring myself to be afraid of something I can't see.

It's actually these extremists— those who obsessively clean their countertops with pungent antibacterial wipes and scrub their hands like they're prepping for surgery — who seem to get struck down by the common cold so frequently. I assume their bodies are having bad reactions to all the antiseptic fumes and high levels of neuroses.

I know there's nothing glamorous about using a public bathroom, but karate kicking a toilet to avoid touching it with your hands just seems outrageously paranoid to me. If you're trying to avoid all of the infinitesimal microorganisms that are out there just waiting to latch onto you, you're just going to worry yourself sick.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Art that tests the waters

COURTESY JASON DECAIRES TAYLOR

Sub-aquatic museum

For the past five years, British sculptor Jason deCaires Taylor has transformed seabeds off Mexico and Grenada into underwater art sites. Taylor, 39, sculpts life-size statues, then submerges them at depths of nine metres. His work is featured in a new book The Underwater Museum, published by Chronicle Books. METRO

Q & A with Taylor

How did you come up with the underwater sculpture?
I started to explore how I could adopt a more conservationist approach in my sculpture. Being a diver and watching how we are losing swathes of coral reefs, I felt inspired to take action. An artificial reef — where marine life (and tourists) gravitate towards objects — seemed the perfect way for art to help the planet.

Help? How exactly?
The reef encourages fish and coral to live and grow there, while the human statues are linked to the concept of climate change. This art-meets-reef — a sort of visual regeneration – can instill a sense of hope and recovery.

METRO AUGMENTED REALITY

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This issue, you can find AR enhancements on page 5 in News, page 9 in Scene, page 12 in Life and page 13 in Sports.

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3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Howls in the Himalayas

ANDREW FIFIELD
metronews.ca

For most of the country, spring made its long-awaited debut in the past couple weeks — hang in there, Atlantic Canada.

Which, of course, means that all dreary winter dreaming about warm exotic places is easing a bit. Though, as that mental fog lifts, we find ourselves regretting the hastily booked Treacherous Himalayan Roads Tour.

Scan this photo of the Himalayas to watch the video of some courageous travellers who skirt the mountain cliff. GETTY IMAGES

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See that symbol? It means you can scan this image with your Metro News app to see a photo gallery of Emma Watson from her start in Harry Potter to Noah.

SCENE

DVD review

Anchorman 2: The Legend Continues

Director. Adam McKay

Stars. Will Ferrell, Steve Carell, Paul Rudd

I quote Brian Fantana's promise about Sex Panther cologne: "60 per cent of the time, it works every time."

So does this long-awaited comedy sequel that supposedly nobody wanted — except for millions of fans of Ron Burgundy, Will Ferrell's puffed-up TV newscaster, and his Channel 4 teammates: scented news sleuth Fantana (Paul Rudd), thunderdolt weatherman Brick Tamland (Steve Carell) and sports clod Champ "Whammy!" Kind (David Koechner).

Now that it's here, again directed by Adam McKay and co-written with Ferrell, it must be said that Anchorman has gone from being kind of a big deal to being kind of a bloated deal.

Anchorman 2 nevertheless amuses, with your personal hilarity meter likely rating it higher if you enjoy seeing beloved characters acting even goofier.

And if you get the Blu-ray version, the abundant extras include an almost entirely new cut of the film, with a promise of 763 new jokes. **PETER HOWELL**

Emma Watson moves beyond Hermione

All grown-up. The star of new release Noah talks to Metro about her movie career, and finding a work-life balance

GABRIELA ACOSTA SILVA
Metro World News

Emma Watson with costar Douglas Booth in Noah. HANDOUT

Hermione is all grown-up now. Almost three years on since the Harry Potter movie franchise ended, Emma Watson is out to prove there is life beyond Hogwarts. "I still need to show people what I can do outside of Harry Potter. I don't think I'm quite there yet, but I'm getting there," the star of Noah tells Metro Latin America at the Spanish premiere of the new movie in Madrid.

There's been a lot of buzz surrounding Noah, both good and bad.
The producers did a lot of research and came up with many different versions of the script. The biggest problem is that in the Bible, Noah's story is like half a page. So basically, we made a three-hour movie out of three paragraphs.

Your character Ila has dreadlocks. How did that come about?
We decided to use hair extensions, which was actually quite difficult because at the time, my real hair was really short. The good thing is that we didn't have showers or bathrooms on set, so it worked out fine in the end.

How would you describe the movie?
Personally, I find Noah's story a little bit cheesy. But when the screenplay is written by someone like Darren Aronofsky you know you're going to be doing something special. I'd say the movie is more of a study of people who find themselves in a futuristic, apocalyptic world.

What is your biggest challenge right now?
Prove that I am no longer Hermione. I need to be able to be good, bad, bold or innocent in whatever role I take on. But I still need to show people what I can do outside of Harry Potter. I don't think I'm quite there yet, but I'm getting there.

What's the best thing about being in your early 20s?
I'm no longer scared to take on new roles. I'm more confident and more focused now than I used to be, and I've also learned that not everything in life is about work. Fame has the power to blur reality. That's why I chose to take a step back and go study, and gave myself the space to think about what I really wanted to do. Right now I've gone back into the acting world with a different mindset.

You're studying as well as working. How is university going?
I'll be graduating from Brown University in May and I'm glad I took the time out to study. I have the rest of my life to make movies and I feel like I learned a lot just by living alone in another country. I feel like I'm at the stage where I now have a healthy balance between my professional and personal life.

Michael Chiklis gets his freak on for scary show

Michael Chiklis will star in American Horror Story: Freak Show. GETTY IMAGES

Michael Chiklis is ready to freak out.

The actor is joining the American Horror Story family for the anthology series' fourth season, subtitled Freak Show. The Emmy-winning star of The Shield will portray the ex-husband and father of characters played by Kathy Bates and Evan Peters.

The Chiklis casting announcement came during the American Horror Story: Coven event that served as closing night of PaleyFest, which over 16 days presented casts and crews of past and present TV series, attracting thousands of fans to the Dolby Theatre.

The series' stars present for the PaleyFest panel included Peters, Angela Bassett, Jamie Brewer, Frances Conroy, Denis O'Hare Sarah Paulson, Emma Roberts and Gabourey Sidibe, with Bates herself making a surprise appearance.

Actress "Jessica (Lange) is on spring break with her grandchildren," noted series co-creator Ryan Murphy, who later revealed more season-four casting news:

Lange and "every person on this stage is coming back in some capacity," he said.

Murphy explained the setting for the upcoming series "is not a circus and is not carnival — it's a freak show," adding that it was Lange who came up with idea of her character, a German expat who is a "collector of freaks."

American Horror Story: Freak Show is set to debut this fall. **THE ASSOCIATED PRESS**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bachelor stars get no love from Atlantic City

PAT HEALY
Metro World News in Boston

Atlantic City didn't have the kindest of receptions for Bachelor star Juan Pablo Galavis and his girlfriend, Nikki Ferrell, who came to the resort town for a special appearance at The Pool After Dark at Harrah's Resort Atlantic City on Saturday night.

Galavis and Ferrell appeared on the red carpet around midnight, and the locals were angry. Galavis was originally to sit at a VIP table next to the stage until someone (it is not known who this local hero was) threw an aluminum beer bottle at him. After that, the organizers moved him to a cabana area for his own safety.

According to reports (read: the publicist who sent me this), Ferrell joined Galavis in the VIP cabana area where they "kissed" and "held hands" until around 3 a.m, hopefully fulfilling all contractual engagements.

Read: The two didn't stick around for that long, and once they collected their paycheque, flew to Miami the next day.

Have you Heard? Johnny Depp is wearing a 'chick's ring'

Johnny Depp ALL PHOTOS GETTY IMAGES

Johnny Depp showed off a diamond engagement ring that he called a "chick's ring" on Monday - indirectly confirming rumours of his engagement to actress Amber Heard.

Asked whether he was engaged, the Pirates of the Caribbean star replied, "The fact that I'm wearing a chick's ring on my finger is probably a dead giveaway. Not very subtle." He laughed as he lifted up his left hand and displayed a single diamond on a band around his ring finger.

His comments follow months of unconfirmed reports of his engagement to actress Heard, 27, who starred alongside Kevin Costner in 3 Days to Kill released in the U.S. earlier this year.

Depp and Heard starred together in The Rum Diary, filmed in Puerto Rico in 2009. THE ASSOCIATED PRESS

Brad and Angie liked it, so now they're putting ink on it

Brad Pitt and Angelina Jolie

Brad Pitt and Angelina Jolie are reportedly planning to mark their upcoming nuptials with matching tattoos, according to Radar Online.

"Brad really wants to do something special and, frankly, a little weird to mark the occasion, and they want to get the exact same design in the exact same spot on their bodies," a source says.

"Brad is like a teenager again as he and Angelina decide on their matching tattoos. He's let Angelina help him pick out tats in the past, but this time it's a real collaboration. Don't expect it to be something that's visible when they're out day to day. They might just acknowledge to the press that they did it, but keep the actual content of the tattoos as their love secret."

One part Franco didn't play was Lohan's lover

Lindsay Lohan

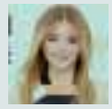
James Franco doesn't say the whole list is bogus, but he definitely doesn't think his name belongs on it, insisting that he has never gotten intimate with the troubled starlet.

In an interview with Los Angeles Magazine, Franco defends his decision to write about other celebrities in his new book of poetry.

"I didn't write anything bad about them," he says. "And Lindsay herself has told lies about me with her 'people she's slept with' list. So I feel like what I said is much less than what she's said."

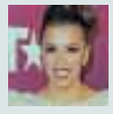
And he's previously explained in an interview with Howard Stern about how he'd turned down her advances during her hard-partying days. "I mean, I don't want to brag about it," Franco said. "She was having issues even then, so you feel weird."

Twitter

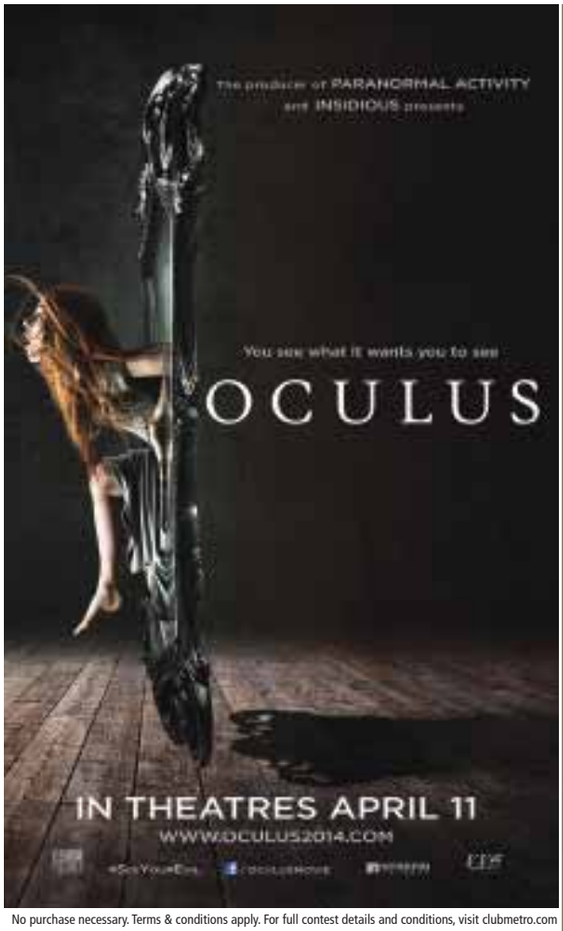


@ChloeGMoretz
When u only get 2 1/2 hours of sleep

@mcgregor_ewan
Thanks for all the B'dy wishes. You've made a newly 43 year old very happy. Cheers the noo.



@EvaLongoria
Just realized we did a little pilot called Desperate Housewives 10 years ago! March 2004!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Putting a face to autism

National Autism Awareness Month.
April is a time to educate the public about everything autism. One mom offers a glimpse into an evening with her autistic daughter

LESLEE HERSH
life@metronews.ca

Lauren, 13, was diagnosed with autism at age 4. SUBMITTED

It's Friday evening, and the nanny has left for the weekend. Lauren is submerged in the bath, singing aloud, happy as a clam. She is always happy, and that is my salvation. All we are supposed to want for our children is for them to happy, isn't it?

I realize I forgot her PJs and a fresh towel, so I go to retrieve them from the closet in her bedroom. I come back to small drips and puddles along the bathroom floor. The shuttered bathroom window is now firmly closed, as is the vanity drawer, both of which were inadvertently left slightly open. She is lying contentedly back in the bathtub and could stay there entertaining herself for hours if I let her. Everything is in perfect order, as it must be, or chaos might ensue.

"Write down calendar!" she cries. I transcribe a visual daily calendar with activities on a chalkboard in her room, each upcoming event identified — from mealtimes and snacks to baths and sleep. This is critically important to her, so I use it as a tool to motivate her to focus on getting herself dressed for bed. "First PJs, then calendar," I tell her. For this reward, she obliges.

The telephone rings. "Goooooodbyyye!" she shrieks before I even answer.

Lauren does not like when my attention is focused on anything but her. I tell her it is Grandma, and ask if she would like to say hello. "Eeeyeeeessss", she replies. The conversation ensues: "hiGrandmahowareyouIamgood" and is followed by a series of "eeeyeeesses" in response to unheard questions. After a quick "Goodbye, Grandpa" (who is really still Grandma), I take the phone to speak, and the "gooodbyyyes" start again, over and over until the phone is set properly back in its cradle.

I fill out her calendar while she grabs her Magna Doodle and begins furiously scribbling to calm herself down further. This is her "stim." Others living with autism — a disorder of neural development characterized by impaired social interaction and verbal and nonverbal communication, and by restricted, repetitive or stereotyped behaviour — like to rock back and forth or find other repeated actions to calm down.

"I need hugs, Mom." The squeezing motion calms her again, and she reaches for her cherished iPad and searches YouTube. For the next several hours, she positions herself in her usual way, deep within the folds of her beanbag chair, and repeatedly watches Barney, Baby Einstein, and Sesame Street episodes that she has watched nightly for years.

Next, she carefully inspects their video box covers that she has managed to source on eBay, because this too is very important to her. She has memorized every single word and song from every one of these YouTube videos and recites them, in sync with the films.

The precision is almost perfect now, but this has taken several years of dedicated practice, because she cannot even carry on a conversation yet. She is 13.

I take away the iPad and prepare her for bed. Again, she begins babbling out loud to herself and carries on like this easily for the next two hours.

She laughs out loud and then sings, completely immersed with the images and voices in her head. She laughs again when she hears Rihanna and Eminem sing they are friends with the monsters in their head, as if she understands. I suspect she does. She loves music more than anyone I know. Sometimes I stop when I think of her most favourite songs because I am afraid to believe my own thoughts. Does she understand in that head of hers? If she does, and my desperate hope for "normalcy" returns, will it be crushed again by professionals telling me it is only wishful thinking?

The songs? Firework by Katy Perry, and Born This Way by Lady Gaga. Read the lyrics and — although she might not be coherent should you meet her, and certainly could not share her thoughts with you — please be the judge.

Then, try to understand the frustration that she lives with day after day, night after night, and year after year.

That is the face of autism.

For your phone

Strava iPhone/Android; free)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Find great routes for cycling and running in your area with this GPS tracker that offers fun challenges while comparing your performance against others of the same age and weight.

A Canadian view

Funding gap

I'm a single mom to 13-year-old Lauren, who was diagnosed with autism at age four.

Lauren attends an autism class and must transition to high school next September.

As of now, there is no financial help available to her for daily Intensive Behavioural Intervention (IBI) therapy, despite Lauren being unable to manage her personal hygiene unaided, carry on a verbal conversation or make friends and interact socially.

What will become of her? I can't begin to prepare for future living arrangements until she is 16 years old.

The autism epidemic has now skyrocketed to one in 63! So why does the government not care what becomes of her or any of these children?

Lauren's name sat on a two and a half-year wait list for IBI funding. This critical education was initially funded by me, as the window of its greatest effect lies in early childhood. The wait times have now doubled, and IBI is the only therapy that has actually been proven to help children like her. That, combined with the many other therapies Lauren requires — like speech and language, occupational therapy, daily living skills, psychotherapy, social skills development — can easily average $40,000 per year. The Ontario government is phasing Lauren out of this funding now because of her age, despite their admission that it is the most effective learning tool for her.

The government provides those dollars to younger kids, but not to autistic teens. What about caring for our teens and adults? We need to take care of all of our children by offering them every available tool at our disposal. LESLEE HERSH

See that symbol? It means you can scan this image with your Metro News app to see a video of Nutri-bites columnist Theresa Albert visiting a mushroom farm.

Creamy comfort without the cream

Quick Cream of Mushroom Soup.

Forego tradition and make this filling soup with new ingredients

THERESA ALBERT
myfriendinfood.com

No one will ever know that there is yogurt and tofu in this soup instead of cream.

Together, they are excellent and filling protein.

The only trick to this soup is to keep the temperature at a simmer since boiling will turn the creaminess into graininess and then we are both busted as nutrient hiders. Don't say I didn't warn you!

1. Break shiitake mushrooms into smaller pieces and place in a microwavable bowl with the 2 cups of water. Cover and place in microwave for 3-4 minutes until softened. Set aside

2. Stir cornstarch into the plain Greek yogurt and set the mixture aside.

3. Brown butter in a large pot and add onions, cook for 3 minutes. Add mushrooms and brown over medium high heat for 3-4 minutes.

4. Add pepper, onion powder and stir 2 minutes. Pour reconstituted mushrooms with liquid through a strainer to catch any dirt or sand, add chicken broth and tarragon and bring to a boil to for 5 minutes.

5. Whisk in yogurt mixture and silken tofu.

6. Puree the mixture with a hand wand or in a blender, and top with cheddar when serving. THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

FLASH FOOD

From your fridge to your table in 30 minutes or less

Ingredients

- 1 cup dried shiitake mushroom
- 2 cups water
- 1 tbsp cornstarch (or arrowroot powder)
- 1 cup plain, gelatin-free Greek yogurt
- 1 tbsp butter
- 1 onion, chopped
- 8 oz (1 package) sliced mushroom
- 2 tsp white pepper
- 1 tsp onion powder
- 2 cups reduced sodium chicken broth
- 1 tsp tarragon
- 6 oz (1 package) silken tofu

This recipe serves four and takes 20 minutes to make. THERESA ALBERT

Potatoes, cabbage and smoked fish mingle

Add even a bit of smoked fish and suddenly a dish becomes the essence of comfort food and guests think you're a culinary genius.

Here, it is combined with Napa cabbage, which is relatively light with a delicate texture. Meanwhile, potatoes are easy and cheap to grow, high in minerals and vitamins, and delicious no matter how they're cooked. In this recipe, the potatoes absorb the smokiness of the fish and also provide bulk.

The leeks, meanwhile, add a distinct and subtle flavour all their own.

Ingredients

- 2 tbsp unsalted butter
- 1 large leek, white and green parts, medium chopped
- 3 tbsp all-purpose flour
- 3 cups low-sodium chicken broth
- 1 lb Yukon gold potatoes, peeled and cut into 1/2-inch dice
- 2 cups 1% milk
- 1/2 tsp dried thyme
- 4 cups shredded Napa cabbage
- 1/2 lb smoked fish fillets (trout, whitefish, haddock or mackerel), skin discarded, fish coarsely chopped
- 1 tbsp lemon juice
- Kosher salt and ground black pepper
- Thinly sliced scallions, to garnish
- Smoked paprika, to garnish

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

1. In a large saucepan over medium-low heat, melt the butter. Add the leek and cook, stirring, until very soft but not colored, about 10 minutes.

2. Add flour and cook, stirring, for 2 minutes. Increase heat to high, add the broth in a stream, whisking, and bring to a boil.

3. Add the potatoes, milk and thyme, then bring the mixture to a simmer. Cover partially and simmer, stirring occasionally, until the potatoes are just tender, 10 to 15 minutes.

4. Stir in the cabbage and simmer until tender, about 3 minutes. Add the fish and lemon juice and cook just until the fish is heated through. Season with salt and pepper. Ladle into bowls and garnish with scallions and a sprinkle of paprika. THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS.

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Miguel Cabrera, Robinson Cano and Mike Trout will have to live up to huge expectations after signing a trio of the biggest contracts in the history of baseball. Scan the image with your Metro News app to vote on some of the worst contracts in sports.

4 SPORTS

Jays pick up where they left off in Tampa

MLB. Toronto's luck looks to have carried over from 2013 with Reyes injured, Dickey thumped in opener

Rays outfielder Desmond Jennings, left, beats the tag of Toronto Blue Jays catcher Josh Thole to give Tampa Bay a 6-0 lead during the fifth inning of Monday's season opener in St. Petersburg, Fla. CHRIS O'MEARA/GETTY IMAGES

Jose Reyes aggravated an injury, R.A. Dickey struggled and the Toronto Blue Jays ended up with a one-sided loss to Tampa Bay.

David Price took a shutout into the eighth inning and Matt Joyce drove in three runs Monday to help the Rays begin the season with a 9-2 victory over the Blue Jays.

Reyes left the lineup after his first at-bat because of a tight left hamstring. The star shortstop led off the game and was robbed of a hit on a diving catch by Rays centre-fielder Desmond Jennings. He was replaced in the field by Ryan Goins.

"I tried to run a little bit faster between home plate and first base, and I kind of feel my hammy there," Reyes said. "So I have to slow down and get out of the game because I don't want to get any worse."

Reyes missed several games during the final week of spring training with the same problem, and wasn't at 100 per cent for exhibition games Friday and Saturday in Montreal. He will have an MRI and could be headed to the disabled list.

"Irritated the same spot, so that's a concern," Toronto manager John Gibbons said.

Reyes missed 66 games last season after going on the DL April 13 with a sprained left ankle.

Opening day

Rays	Jays
9	2

Price (1-0) allowed two runs and six hits over 7 1/3 innings to beat R.A. Dickey in a matchup of 2012 Cy Young Award winners. The hard-throwing lefty walked one and struck out six before a crowd of 31,042 at Tropicana Field.

"It's really disappointing and frustrating," Dickey said. "You feel like you let a lot of people down. Against David Price, one of the best pitchers in baseball, if you don't match him inning per inning, it's going to be tough to win the game. I put us in a hole early. Walked some guys early, gave up some 0-2 hits with runners in scoring position, and that was the game."

Price limited the Blue Jays to four singles and had only allowed two runners past second base before Maicer Izturis opened the eighth with his second hit of the day. Pinch-hitter Erik Kratz followed with a first-pitch, two-run homer over the centre-field wall.

THE ASSOCIATED PRESS

Detroit Tigers slugger Miguel Cabrera agreed Friday to the richest contract in American sports, a $292-million, 10-year deal with the Detroit Tigers. GETTY IMAGES

Metro AR poll results

41% Metro readers voted Norway's multi-coloured Olympic curling pants as the ugliest in our poll of ugly sports uniforms. Here are the rest of the results:

23% Northwestern football (stars and stripes, 2013)

13% Chicago Bulls (St. Patrick's Day green sleeves, 2014)

13% New York Islanders (Capt. Highliner logo, 1995)

10% Blue Jays (with buff bird logo, 2003)

0% Toronto Raptors (purple duds, 1995)

NHL

Sabres sign Nolan to an extension

Sabres coach Ted Nolan will keep building what he started in Buffalo — minus the interim tag.

Nolan is staying on as the head coach beyond this season after signing a three-year contract extension Monday. The deal comes four and a half months after Nolan returned to Buffalo for a second stint — initially, on an interim basis. And it's a reward for Nolan, who has provided a spark to a young, patchwork lineup on a last-place team. THE ASSOCIATED PRESS

Redblacks take mulligan on muffed mascot moniker

The expansion Ottawa Redblacks have changed the name of their new lumberjack mascot after receiving some critical feedback on the original choice.

The CFL team announced last week that the mascot would go by the handle of "Big Joe Mufferaw." On Monday, the name was changed to "Big Joe" in English and "Grand Jos" in French.

"We unintentionally offended some with the original name and we sincerely apologize for that," said Jeff Hunt, the president of the Ottawa Sports and Entertainment Group, which owns the Redblacks.

"We hope to create a fan base that is unified in its support for the Redblacks and we will continue to strive to do our best in that regard."

The team received a number of suggestions from fans before naming the mascot. Many wanted it named after late Ottawa storyteller Bernie Bedore's character, which was inspired by Joseph Montferrand, a real-life Outaouais logger and defender of Francophone rights in the 1800s.

However, critics felt that using the "Mufferaw" name was disrespectful.

THE CANADIAN PRESS

CFL

Flory hopes to help players get 'fair' shake

The Canadian Football League Players' Association has elected a new executive committee as it prepares for the next round of labour talks with the league.

Scott Flory has been elected president, Jay McNeil will serve as first vice-president and Marwan Hage of the Ottawa Redblacks will serve as second vice-president, the CFLPA said Monday in a statement.

Flory succeeds Mike Morreale as president. The 2014-15 executive committee also includes third vice-president Jeff Keeping of the Toronto Argonauts and treasurer Brian Ramsay of the Edmonton Eskimos.

The CFLPA is set to hold talks with the league April 10-11.

"This CBA negotiation, coinciding as it does with the start of the league's new five-year deal with TSN, is a perfect time to revisit some of the past revenue concessions made by the CFL players and negotiate a deal that is fair and reasonable for both the players and the league," Flory said.

THE CANADIAN PRESS

Wiggins all set for NBA draft

Now it's firm. Kansas' top Canadian prodigy ends his one-year college career

Kansas freshman Andrew Wiggins made official Monday what he's been telling folks all along: He's headed to the NBA after his only season with the Jayhawks.

The six-foot-eight forward, who was voted second-team All-America earlier in the day, is expected to go in the top three picks in the June draft. Many believe he could go first overall.

"It wasn't an easy decision because the fans showed me so much love here," said Wiggins, choking up briefly during a news conference at Allen Fieldhouse. "I just wish I had more time. College goes by so fast. I can see why people stay all four years."

The Canadian was the top-rated recruit when he arrived at Kansas, and his brief career was a bit of a roller-coaster. He struggled early in the season, caught fire midway through, and then flamed out when it mattered most in an NCAA tournament loss to Stanford.

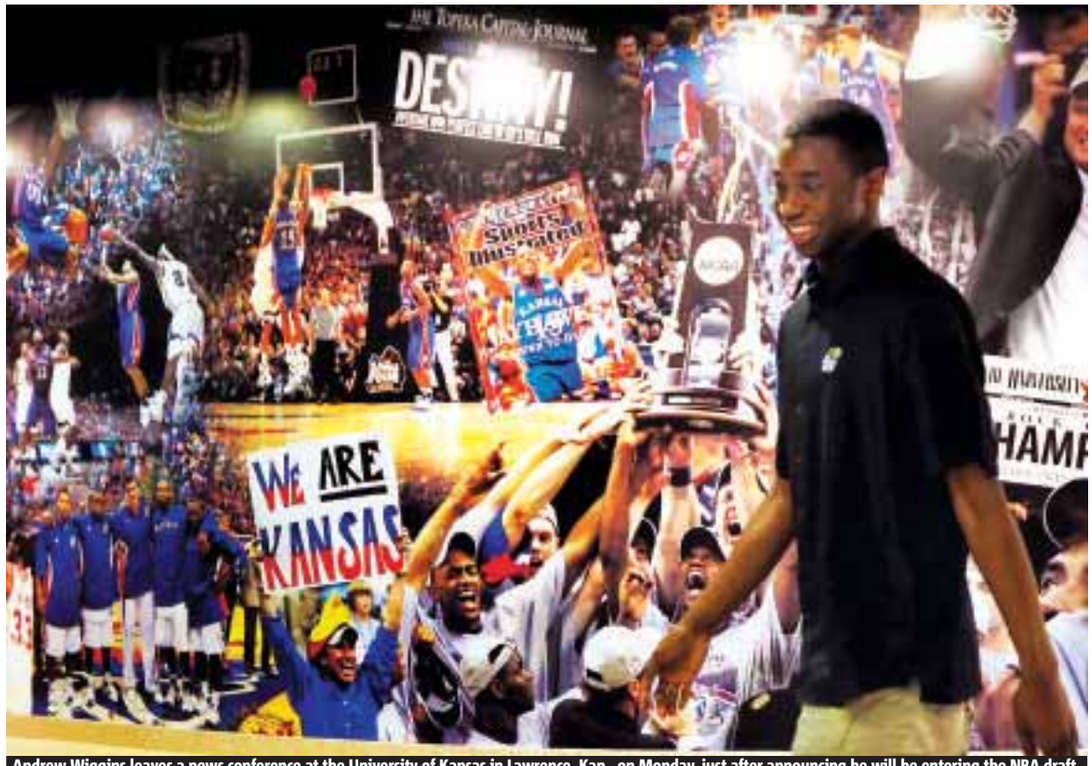
Wiggins, from Vaughan, Ont., only scored four points on 1-for-6 shooting in the third-round defeat. Afterward, he said despondently that he let his team down with his poor performance.

That ultimately didn't have any bearing on his decision, though. He announced he was going pro while joined by Kansas coach Bill Self, his parents — former NBA player Mitchell Wiggins and Olympic silver medallist Marita Payne Wiggins — his older brother Mitchell Jr., and several of his teammates, including fellow freshmen Wayne Selden and Joel Embiid.

Selden has already announced he's returning for his sophomore season. Embiid has not made a decision, even though he's also expected to be a top-five pick in the draft.

Wiggins certainly had a historic season at Kansas. He averaged a freshman-record 17.1 points and nearly six rebounds per game, and was voted the AP's Big 12 freshman of the year and first-team all-conference.

THE ASSOCIATED PRESS



Andrew Wiggins leaves a news conference at the University of Kansas in Lawrence, Kan., on Monday, just after announcing he will be entering the NBA draft. ORLIN WAGNER/THE ASSOCIATED PRESS

Koe wins twice to reach second place in Beijing

Canada's skip Kevin Koe. ALEXANDER F. YUAN CREDIT/THE ASSOCIATED PRESS

Canada's Kevin Koe won both of his games at the world men's curling championship on Monday to move into sole possession of second place in the round-robin standings.

Koe started the day with a 9-1 blowout victory over Russia's Evgeny Arkhipov at Capital Indoor Stadium and then came back for a 10-6 win over Jiri Snitil of the Czech Republic in the late draw.

"For sure, you have to pull some games out," said Koe. "We weren't struggling as bad (as on Sunday). The sheet was a lot better than yesterday, but no excuses. The Czechs were playing really well and making some big shots.

"I was proud of the guys. We really stayed in there, tried to stay positive and keep it close."

Koe, who suffered his only loss to Japan's Yusuke Morozumi on Sunday morning, improved to 4-1 after eight draws. Norway's Thomas Ulsrud was the lone undefeated team at 5-0.

Germany, Japan, Sweden and Switzerland were tied for third place at 3-2 in the 12-team round-robin standings.

The Calgary-based team of Koe, lead Nolan Thiessen, second Carter Rycroft and third Pat Simmons shot 96 per cent as a team against Russia. Thiessen and Rycroft both scored perfect games.

"That felt way better," said Rycroft. "We threw some stinkers yesterday, and we were lucky to get away with 1-1 (on the day). Finally today we felt like we got a bit of a handle on things.

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To be continued

Round-robin play continues through Thursday. Playoffs begin Friday and the medal games are set for Sunday.

- Canada will play the United States and Norway on Tuesday.
- Koe won gold in 2010 at this event. Canada won gold in three of the last four years.

Olympic champion

Bolt to miss Rome Diamond League

Golden Gala organizers announced Monday that Usain Bolt will skip the Rome Diamond League meet on June 5, citing reported injury problems. THE ASSOCIATED PRESS

NBA

Moultrie gets five games for drug violation

Philadelphia 76ers forward Arnett Moultrie has been suspended five games without pay for a league drug violation, begining Monday night against Atlanta. THE ASSOCIATED PRESS

Arnett Moultrie of the Philadelphia 76ers. JARED WICKERHAM/GETTY IMAGES

Men's soccer

Robert Gale named Canada's under-20 coach

Former player and longtime coach Robert Gale was named head coach of the Canadian men's under-20 team on Monday.

"Rob brings a wealth of coaching experience, having worked both in Canada and overseas in player development," Canada Soccer technical director Tony Fonseca said in a release.

Gale joined Fulham FC as a teenager before going pro with Wycombe Wanderers FC. He ended his playing career in 1998. He went on to coach Canada's under-16 and under-18 teams. THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
The more others try to make you change your mind about something the more you must refuse to be moved. You know what is right and what is wrong, so make your own decision and stick to it.

♉ Taurus
April 21 - May 21
There is no point getting worked up over something you can't do much about. You may not be able to change things on a social or political level however you can change things on a personal level.

♊ Gemini
May 22 - June 21
Something you have been worrying about for quite a while will fade in significance today and that's good. But has the cause of the worry actually gone? You need to find out.

♋ Cancer
June 22 - July 23
If someone you have feelings for seems unresponsive today don't think it means you are drifting apart. Most likely they just need to spend some time alone to think things through.

♌ Leo
July 24 - Aug. 23
You may want to be friends with everyone but you need to be discerning. There are some people who you will never get along with because you are on different emotional and intellectual levels.

♍ Virgo
Aug. 24 - Sept. 23
Others will be generous with you if you are generous with them. Let friends and colleagues know you are willing to work alongside them. Teamwork is essential now, in all areas.

♎ Libra
Sept. 24 - Oct. 23
There may be a thousand and one things you want to do today but Jupiter, planet of success but also excess, warns you must not to take on too much. Ask loved ones nicely to do more things for you.

♏ Scorpio
Oct. 24 - Nov. 22
Some of what you hear over the next 24 hours may be less than complimentary but it is of no real importance, so don't let it upset your equilibrium.

♐ Sagittarius
Nov. 23 - Dec. 21
You may hear something about your money situation that brings a smile to your face today but don't be too hasty. There is a chance you are being misled, so don't go on a spending spree.

♑ Capricorn
Dec. 22 - Jan. 20
Something you have been working on for some time needs to be left alone for a while. You have got so involved with it that other areas of your life are being neglected.

♒ Aquarius
Jan. 21 - Feb. 19
There is no point getting annoyed about things beyond your control – you know that already. So why are you allowing what is a minor event to cause major shockwaves in your life? Get over it – now.

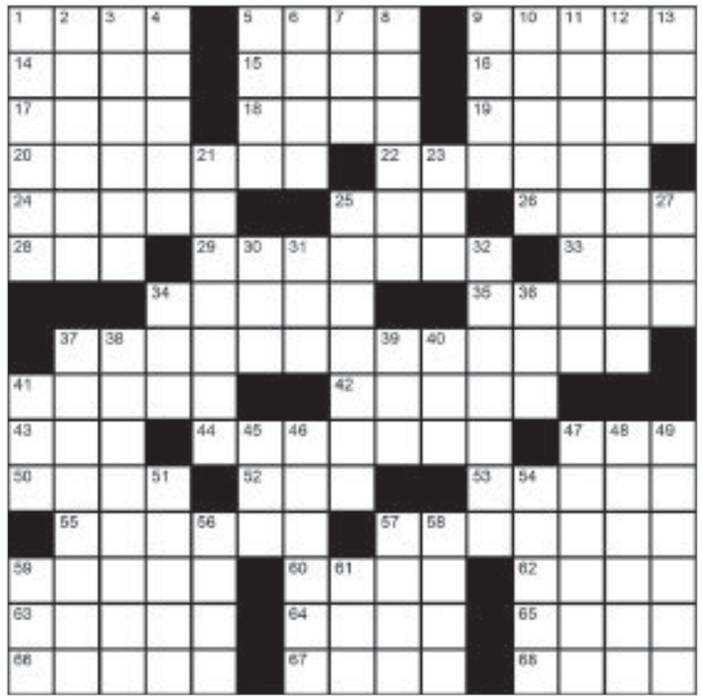
♓ Pisces
Feb. 20 - March 20
You have some important personal issues to deal with, so let your friends know they may be seeing less of you for a while. Get your emotional life in order, then go and have fun.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

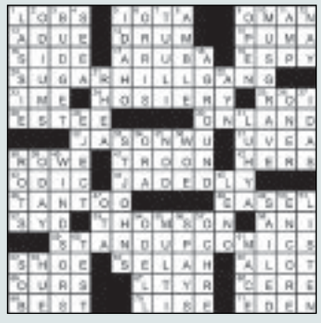
BY KELLY ANN BUCHANAN



Across
1. Star__ Tuna
5. Kitschy
9. Kate __ (Purse designer)
14. Quebec: Saint-Louis-du-__! __!
15. Actress Jessica
16. "__ __ be true?"
17. Prefix to 'culture'
18. Stuff
19. Barter
20. Northwestern Ont. town, Fort __
22. Some Honda cars
24. Fashion: Oscar de la __
25. Bird beak
26. Cries
28. "Rat!"
29. Informer, to inmates
33. Pecan, for one
34. "__, __!" (Laura's catchphrase on "The Dick Van Dyke Show")
35. Peter, in Spain
37. 01/04: 3 wds.
41. Decrease
42. "That's just great."
43. Evita's land, for short
44. One of the three 'Rs' in green living
47. "Law & Order: _ _ _"
50. Alone
52. Ums, etc.
53. Bits
55. The Arctic __
57. Canadian interior designer Ms. Olson
59. Play hockey, also do this
60. "It's such ___!" (I'm so happy!)
62. ___ ___ (As per the broadcast of TV shows)
63. Eva __, Madonna's "Evita" (1996) role
64. Bugs Bunny, e.g.
65. "_ ___ It Bad": Tune by Usher
66. Toronto: CN Tower's locale, 301 __ Street West
67. Edmonton's CFL team's website, __.com
68. "Can you give __ __ hints at all?" (I need help guessing!)

Down
1. Egypt's second largest pyramid
2. "My sentiments exactly.": 2 wds.
3. Reduced
4. Contaminate
5. Coop
6. Beers
7. Academic letters
8. Purolator delivery
9. Item on Eugene Levy's resume
10. Ms. Hilton
11. 1997 snake horror movie
12. Alberta town
13. Parisian season
21. Store job
23. There: Latin
25. "It's __ business but my own!"
27. Pou __ (Vantage point)
30. Li'l old MTV show
31. "That hurts!", comics-style
32. Beatles manager Brian
34. Food fragment
36. Mr. Asner's
37. Infomercial exercise device: 2 wds.
38. Michel __: "Rain-showers" Montreal-born musician
39. Folklore creature
40. West Coast basketball team [acronym]
41. Some batteries
45. Fitting-here fish
46. Produce
47. Tightwad
48. Quebec pastry brand
49. k-os hit: "Man I __ __ Be"
51. British songstress Beth
54. Extreme execration
56. Rapper 50
57. Chef
58. Writer Ms. Rand's
59. Sunscreen no.
61. __ Louis (Popular cakes-in-a-box product by #48-Down)

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	4	7	3		9			8
	9	8						4
3			7					
9	1				8			
	6	5				1	2	
			6				9	5
					5			6
5						3	7	
4			1		7	2	5	

Yesterday's Sudoku

1	3	9	8	4	5	6	7	2
4	8	6	2	1	7	3	9	5
5	2	7	3	6	9	4	8	1
7	4	1	6	2	8	9	5	3
2	5	3	4	9	1	8	6	7
9	6	8	7	5	3	1	2	4
8	7	2	1	3	6	5	4	9
3	9	4	5	8	2	7	1	6
6	1	5	9	7	4	2	3	8

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Regina – June 20, 2014

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Estevan
Kindersley
Lloydminster
Lumsden
Meadow Lake
Moose Jaw
Nipawin
Preeceville
Prince Albert
Rosetown
Shaunavon
Swift Current
Wilkie
Yorkton

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